

Adolescent Health Study

Parent/Carer - Information Sheet

Help us design an important new study on young people's health

We are currently developing an important new study called the [Adolescent Health Study](#). In the future, this major research project will recruit 100,000 young people aged 8-18 years and follow their health and wellbeing for at least 10 years.

Ashton Gate Primary School has agreed to be a Pioneer School for the Adolescent Health Study. This gives your school community the chance to help shape this new study, including how we will work with schools, children, young people and parents/carers in the future.

How will children and young people be involved?

We will be holding a small number of discussion groups with students to hear their views. These will take place at school during school hours. If you'd like more information, please [click here](#).

Class teachers will help identify who takes part in these discussion groups. If you **do not** want your child to be involved in this work, please let the school office know by email school@ashtongateprimary.org by Monday 23 February.

If you are happy for your child to be given the opportunity to be involved, you do not need to contact the school.

There are two ways parents/carers can share their views:

Parent/carers survey - including £50 prize draw!

Please complete a short parent/carers survey (10 minutes) here: [LINK TO SURVEY](#)

The survey will remain open until Friday 6 March.

Parent/carers discussion groups

We will be holding two separate parent/carers discussion groups to hear your views. To find out more and sign up for a discussion group, please click here: [LINK TO SIGN UP](#)

These will be held at the school, and you will be offered a **£30 voucher** for taking part in either session.

Thank you for reading this information. We are looking forward to working with Ashton Gate Primary School to help shape this important new study!

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Additional information about Young People Discussion Groups

We will be holding a small number of discussion groups with young people at Ashton Gate Primary School. This is an exciting opportunity for them to share their ideas and help us design this important new study.

During these discussion groups, they will be asked for their views on topics such as:

- The type of health information we might collect
- How we plan to collect this information
- How the study could be designed to meet the needs of children and young people of different ages and from different backgrounds

We will not ask young people for any personal information other than their first name.

The discussion groups will happen at school during the school day and will last up to 45 minutes (some will be shorter). These discussion groups will be audio-recorded, so we have a record of the views and opinions we hear. A professional transcription company will write up the audio recordings into notes and will remove any names (anonymisation). The audio recordings will then be destroyed.

Your child's participation will be voluntary and class teachers will help identify who takes part in these discussion groups. Young people who do not wish to participate will not take part. Those who do participate will have the option to go back to their classroom at any point, if they no longer wish to contribute.

If **you do not** want your child to be involved in this work, please contact the school office school@ashtongateprimary.org by Monday 23 February 2026. You may wish to let your child know of this decision. If you are happy for your child to be given the opportunity to be involved, you do not need to contact the school.